Graduated from IIT Roorkee with a master's degree in chemistry. In 1989, she joined the Bureau of Indian Standards and has worked in standards formulation and certification. Previous responsibilities included leading the Central Marks Department of BIS that dealt with product certification.

Presently, heading the Petroleum, Coal and Related Products Department of the Bureau of Indian Standards, responsible for formulating Indian standards in relation to petroleum, coal, plastics, rubber, cosmetics, etc. A 34-year tenure of the Bureau of Indian Standards, has a broad knowledge of the various activities undertaken by the Bureau, which include standard formulation, certification, and testing.